



Mental Health First Aid Level 2 Certificate

Learners will be awarded the Ofqual regulated
Level 2 Award in First Aid for Mental Health
Accredited by nuco

Duration

6 hours spread over one day.

Syllabus

A range of First Aid for Mental Health related subjects are covered including:

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Providing advice and starting a conversation
- Stress
- Mental health conditions
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace

Numbers

A maximum of 16 students are allowed on the course and must be a minimum of 14 years of age. Minimum of 6 students per onsite group.

Certification

A Level 2 Award in First Aid for Mental Health will be issued to the learner, subject to successful assessment.

Assessment

A range of methods are used, including practical and questioning (open and multiple-choice). Certification This qualification is valid for three years from the date of achievement. It is strongly recommended that the learner attends annual refresher training. The learner will need to complete the full course again to requalify for a further three years

Mental Health First Aid Certificate - ONSITE

This is a one-day course run by our qualified mental health specialist.

Numbers: minimum of 6 and a maximum of 16 students are allowed on the course and must be a minimum of 14 years of age.

£155 per person incl. certificate

Please note this course needs to be paid in full prior to work commencement

The cost includes certification

Additional costs: travel and where agreed overnight accommodation

